

# Railroad Retirement Act Benefits

## What are railroad retirement benefits?

The Federal Railroad Retirement Act offers retirement and disability benefits for qualified railroad employees, spouses, and survivor benefits for family members. The United States Railroad Retirement Board handles these benefits. They are similar to Social Security benefits.

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## Can I get railroad retirement benefits and Social Security benefits?

You can get both railroad and Social Security benefits. If you get both railroad and Social Security benefits, the railroad benefits are usually reduced.

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## How do get more information about Railroad Retirement benefits?

- U.S. Railroad Retirement Board, Railroad Retirement Helpline – (800) 808-0772 or <https://secure.rrb.gov/>
- Tennessee Railroad Retirement Board Helpline – (877) 772-5772

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