

Representing Yourself in General Sessions



Learn More About Going to Court

[No Lawyer? You can speak for yourself in General Sessions Court](#)

Legal Aid Society of Middle Tennessee & the Cumberland provides information on representing yourself if you are being sued for money or property in General Sessions court.

[Can You Represent Yourself in Court in Tennessee? Yes, But Should You?](#)

This blog post examines your right to represent yourself in court. It highlights situations where handling your own case might make sense while also explaining the potential risks and challenges of going to court without legal representation.

[Dress Codes for Going to Court](#)

When going to General Sessions Court, make sure that you are following their dress code.

[How to Testify in Court](#)

What to Expect in General Sessions (Videos)

[Preparing for Your Day in Court](#) | [*Preparándose Para Su Día de Corte*](#)

In these video, Legal Aid of East Tennessee outlines general information on how to prepare for General Sessions court when representing yourself. This information is available in English or Spanish

The following videos, provided by Legal Aid of East Tennessee, contain general legal information on how to represent yourself when filing a lawsuit in General Sessions Court. This information is available in both English and Spanish.

[Filing a Lawsuit](#)

[*Presentando Una Demanda*](#)

Finding Legal Answers

[TN Free Legal Answers](#)

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.

Forms:

[Standard Court Forms for all of Tennessee](#)

At this link, you can find approved court forms for all counties within Tennessee.

Last updated on May 27, 2025.

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