

Keeping Your Medical Records Private

Below you will find links to resources that provide information on how to keep your medical records private. You can also find information on how to seek aid from a lawyer, if needed.

National

[Your Health Information Is Protected By Federal Law](#)

This resource from the Department of Health and Human Services provides helpful information on knowing your rights under HIPAA. This law sets rules for health care providers and health insurance companies about who can see your health medical records.

[HIPAA: Questions and Answers for Family Caregivers](#)

This guide from Next Step In Care provides an explanation of HIPAA. You find more information about the rights to relevant medical information of family caregivers and others directly involved in providing or paying for care. This information is available in multiple languages.

[World Privacy Forum: Patient's Guide to HIPAA: How to Use the Law to Guard your Health Privacy](#)

The purpose of this guide is to help patients understand how to make health privacy laws work to protect their privacy. You can also find answers to commonly asked questions about HIPAA.

Forms

[Standard Court Forms for all of Tennessee](#)

These forms are provided by the state. They can be filed in any county in the state. If you need help filling out the forms, you can ask a lawyer in your area.

Legal Help or Representation

[TN Free Legal Answers](#)

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal legal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.

Visit <https://tn.freelegalanswers.org/> to sign up.

[Statewide Directory](#)

The Statewide Directory provides information regarding Legal Aid Attorneys and other agencies by county in Tennessee.

Still need assistance? Please speak to a librarian at your local library – they may have additional resources to assist you.

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[TennCare / Health](#)

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