

# Pensions and Retirement

## **Pension and Retirement**

*Below you will find links to resources that provide information about pensions and retirement plans. Additionally, you can find information on how to seek aid from a lawyer, if needed. Some areas of the state have more information than others. You may wish to look at information from other areas in addition to your own.*

## **National Resources**

The following resources are provided by the Pensions Rights Center:

### **[Basic Information about Pensions, IRAs and 401\(k\) plans](#)**

This resource includes general retirement information about pensions, IRAs, 401(k) plans, and more.

## **Statewide Resources**

### **[Tennessee Consolidated Retirement System](#)**

This helpful resource provides access to informational and educational resources regarding retirement.

## **Additional Resources**

### **[Mid-America Pension Rights Project](#)**

If you have issues with your pension, the Mid-America Pension Rights Project may be able to help. Follow the link above to find more information about their services.

## **Legal Advice:**

## [TN Free Legal Answers](#)

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal legal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.

Visit <https://tn.freelegalanswers.org/> to sign up.

Last updated on May 20, 2024.

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