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Help with Medicare Costs

Below you will find links to resources that provide information about help with Medicare costs. You can also find information on how to seek aid from a lawyer, if needed.

National Resources

[Interactive Guide to Medicare](#)

Learn more about Medicare using this guide provided by the Medicare Rights Center. For information on how to get help with medicare costs, go to *“Programs to Help Pay Medicare Costs”*.

[Medicare Savings Program](#)

You can get help from your state paying your Medicare premiums. Find more information about Medicare Saving Programs from Medicare.gov.

[My Medicare Matters: Extra Help](#)

You may be able to get help if you cannot afford Medicare. You may qualify if you have limited income or resources. Find out more about assistance programs from the National Council on Aging.

Statewide Resources

Tennessee SHIP Services

Your local SHIP program provides information and help with Medicare Savings and Medicare Extra help. This resource from the Tennessee Commission on Aging & Disability can tell you how to get assistance.

Legal Advice:

TN Free Legal Answers

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal legal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.

Visit <https://tn.freelegalanswers.org/> to sign up.

Last updated on May 16, 2024.

[TennCare / Health](#)

[Medicare; Part B; Part D; Appeals; Seniors](#)

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National Association of Social Workers



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