

# HELP4TN



Find legal and social service resources in Tennessee

[www.help4tn.org](http://www.help4tn.org)

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## How to Apply for TennCare CHOICES

*Below you will find links to resources that provide information about how to apply for TennCare Choices. You can also find information on how to seek aid from a lawyer, if needed. Some areas of the state have more information than others. You may wish to look at information from other areas in addition to your own.*

### Statewide Resources

#### What is TennCare CHOICES?

Find information about TennCare CHOICES program from the state of Tennessee.

#### How to apply for CHOICES

If you are interested in applying for long-term services and support with TennCare CHOICES, find out how to apply at the link above.

#### How does TennCare review your medical need for long-term care?

This resource from the Tennessee Division of TennCare can help if you have questions about TennCare Long-Term Services & Supports.

#### **Do you have questions about the TennCare program?**

Call the Tennessee Health Connection at **1-855-259-0701**. It's a free call.

Monday through Saturday 7 a.m. – 7 p.m.

By Mail: Tennessee Health Connection By Fax: 1-855-315-0669

P.O. Box 305240

Nashville, TN 37230-5240

#### Call the District Long Term Care Ombudsman

Do you live in a nursing home, assisted living home or adult care home? You can call the District Long Term Care Ombudsman with your questions about CHOICES or about long term care.

### **Legal Advice:**

[TN Free Legal Answers](#)

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal legal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.

Visit <https://tn.freelegalanswers.org/> to sign up.

## **Find Representation:**

### Statewide Directory

The Statewide Directory provides information regarding Legal Aid Attorneys and other agencies by county in Tennessee.

Still need assistance? Please speak to a librarian at your local library. They may have additional resources to assist you.

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Printed: October 19, 2020

<http://www.help4tn.org/node/308/how-apply-tenncare-choices>

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