

Find free legal help and social services in Tennessee



A program of Tennessee Alliance for Legal Services

www.help4tn.org

Senior Legal Resources

Below you will find links to resources that provide information for seniors seeking help with legal topics. You can also find information on how to seek aid from a lawyer, if needed. Some areas of the state have more information than others. You may wish to look at information from other areas as well as your own.

Statewide Resources

Tennessee Commission on Aging and Disability

The Tennessee Commission on Aging and Disability has a variety of resources available for seniors. Find out more on their website.

Find your Area Agencies on Aging and Disability (AAAD) by district:

These agencies plan and provide programs and services for older Tennesseans, as well as those with disabilities. Find your closest agency using the map linked above.

Senior Services Resources

This resource from West Tennessee Legal Services provides information about programs that provide Senior services and assistance in Tennessee.

Legal Handbook for Seniors

This handbook from the Tennessee Bar Association provides information on a variety of legal topics helpful to Seniors.

East Tennessee Resources

Legal Aid of East Tennessee

Visit Legal Aid of East Tennessee's website to find more information about their services.

Legal Assistance for the Elderly - East Tennessee

This program provides legal services and referrals to those 60+. Find out more about their services and if you are eligible on their website.

Upper Cumberland:

<http://www.ucdd.org/aging.html>

Middle Tennessee Resources

Please note that the phone numbers listed may not be for your county. To call someone in your county, use the resources below.

Legal Aid Society of Middle TN and the Cumberland's:

Visit Legal Aid Society of Middle TN and the Cumberland's website to find more information about their services.

West Tennessee

Please note that the phone numbers listed may not be for your county. To call someone in your county, use the resources below.

West TN Legal Services

Find more information about West Tennessee Legal Services on their website.

Memphis

Memphis Area Legal Services

Visit Memphis Area Legal Services' website to find more information about their services. You can also see if you are eligible to receive help.

Legal Help for Seniors

Legal assistance from for seniors from MALS is available for those 60 years old and older who qualify. This brochure has more information on how they may be able to help.

Medicaid and Nursing Homes

This pamphlet from MALS provides helpful information for Seniors about Medicaid and Nursing Homes.

Forms:

Standard Court Forms for all of Tennessee

This resource contains standard court forms for all of Tennessee that approved for all counties. If you need help filing one of these forms, you can ask a lawyer in your area.

Legal Advice:

TN Free Legal Answers

If you are in Tennessee, the website, Free Legal Answers, allows you to ask a lawyer for help with a legal issue at no cost. It is fast and easy, and all you need is a computer. This is a FREE service for people who cannot afford a lawyer.

How it works:

- You will answer a few questions to see if you qualify for their service. If you qualify, you will have the option to create an account.
- If you are eligible, you can ask their volunteer attorneys a non-criminal legal question.
- Once your question receives a response, you will get an email. You will need to sign into the website to read your response and ask any additional questions.


Visit <https://tn.freelegalanswers.org/> to sign up.

Find Representation:

Statewide Directory

The Statewide Directory provides information regarding Legal Aid Attorneys and other agencies by county in Tennessee.

Still need assistance? Please speak to a librarian at your local library. They may have additional resources to assist you.

 [Senior Volunteer Transportation Program Map](#)

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<http://www.help4tn.org/node/311/senior-legal-resources>

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