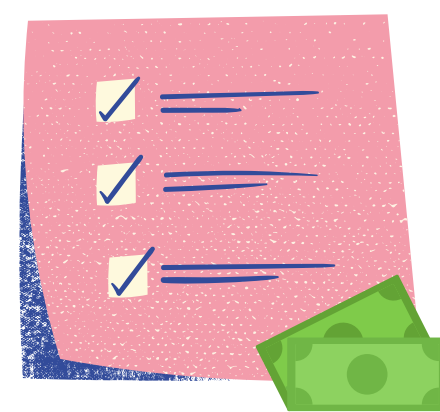


Unemployment in Tennessee

Learn more about your rights and free resources

If you have questions about getting help with unemployment benefits, you can learn more at www.HELP4TN.org or talk to a lawyer for free by calling 1-844-435-7486.

How do I file for unemployment?



1. Go to www.Jobs4TN.gov OR call 844-224-5818

2. Certify every week.



Who Can Get Unemployment?

- Be unemployed through no fault of your own
- You must have qualifying base period wages
- You must be able to work
- You must be available and searching for work
- If you are typically not eligible for regular unemployment insurance, you may be eligible for Pandemic Unemployment Assistance (PUA).

What if I don't qualify for regular unemployment? ("Pandemic Unemployment Assistance")



CARES Act

You may be able to get unemployment if:

- You have COVID-19 or COVID-19 symptoms
- Are taking care of someone with COVID-19
- Are taking care of children because their school is closed
- Can't go to work because a doctor told you to quarantine
- Can't get to work because of COVID-19
- Had to quit work because of COVID-19
- Your work closed because of COVID-19
- The person making money in your family died from COVID-19

HELP4TN is a program by Tennessee Alliance for Legal Services.

To learn more or get help, visit www.HELP4TN.org